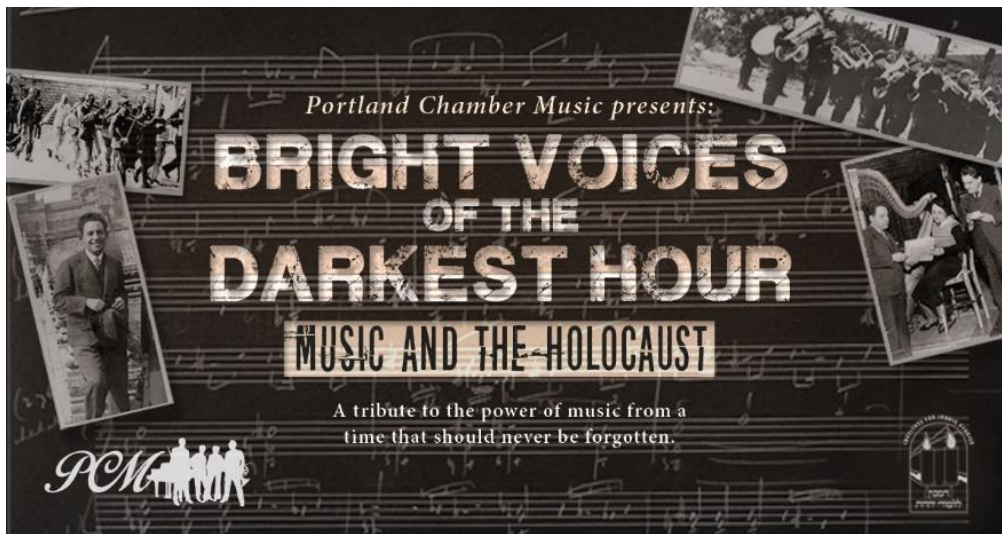


Bright Voices of the Darkest Hour: Music and the Holocaust

March 4, 2017, 7 pm at the Community Music Center

In the history book of humankind there are pages we would rather turn and forever forget. They make us uncomfortable; but however unpleasant, it is our responsibility to remember so the dark pages of our history do not repeat themselves. The devastating history of the Holocaust, the genocide by the German Nazi regime during the Second World War, is certainly one of the darkest pages in history.



We cannot change the past or the fate of over 6 million Jews and millions of non-Jews that perished, but we can learn about the passion for life from composers whose music became their profound weapon of resistance. We can learn from the young Czech composer, Gideon Klein, who was confined in a Theresienstadt concentration camp, the talented Dutch composer Leo Smit, who perished in Sobibor, and the prolific composer Hans Gal, who was forced to flee his native Austria in order to survive.

Given what we have heard about life in the concentration camps, why would anyone spend time and energy writing or playing music? Music is part of survival, part of the human spirit and essential for life. Through the power of music we say, "I am alive, and my life has meaning".

On March 4th, Portland Chamber Music will pay special tribute to the music and composers whose lives were affected or cut short by the Holocaust.

By learning their stories and listening to their musical legacy, we can keep our hearts open and remember how important it is for the human existence to accept others despite race, religion or cultural background.

Coming Soon

March 4, 2017, 7 p.m.

*Bright Voices of the
Darkest Hour: Music and
the Holocaust*

Community Music Center
3350 SE Francis Street,
Portland, OR 97202

March 18, 2017, 7 p.m.

Vernon Neighborhood
Concert

Leaven Community
Center

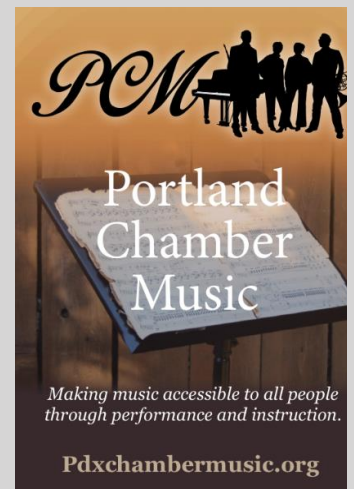
5431 NE 20th Avenue,
Portland, Oregon 97211

April 8, 2017, 7 p.m.

Woodstock Neighborhood
Concert

Holy Trinity Lutheran
Church

7220 SE Cesar E Chavez
Blvd., Portland 97202



Portland Chamber Music is a 501(c)(3) non-profit organization that is fully supported by donations and grants from the communities it serves.

If you believe that music is important to the life of a community, we invite you to [support us with a tax deductible contribution](http://support.us.with.a.tax.deductible.contribution).

How Music Affects All of Us

by Kristin Springer

My background is in occupational therapy, and a focus of this practice with children is in helping them learn to regulate their bodies and energy levels.

There is a program called the Alert Program, or “How does your engine run?”(www.alertprogram.com) which teaches children to understand the differences in their own level of energy, or alertness, and helps them gain awareness on how to adjust their energy levels to adapt to different parts of their day. For example, a particular level of focus is needed for learning math, and likely during PE another, higher level of energy will be required.

A facet of the Alert Program is a CD of music, with different tracks offering children the opportunity to feel and experience the various levels of alertness. I’ve personally used this CD with a group of children with sensory deficits (www.sensory-processing-disorder.com/) and witnessed their movements slow to the low-toned, dirge-like track. The music prevented their ability to continue in a hyperactive state, and allowed them to participate more fully in classroom tasks. It was remarkable to witness, and there is growing evidence of support for this program in current research.

Music can have a potent effect on mood, attention, and focus. I am so proud to work with Portland Chamber Music, an organization that recognizes this potential, and aims to offer this opportunity to all people, of all ages and of all demographics.

I hope you will join us for our upcoming concerts, an offering sure to please your senses not only with lovely music but also a community with whom to connect.



Portland Chamber Music

Musicians

Lynda Hess, flute

Jennifer Crockett, clarinet

Meghan Van Cleave, violin

Gemma Taylor, French horn

Jonathan Cheskin, cello

Michael C. Liu, piano

Anya Kalina, soprano

Deborah Gitlitz, Storyteller

Portland Chamber Music Newsletter



January 2017

Become a Supporter!

If you believe that music is important to the life of a community, we invite you to support us with a tax-deductible contribution.

You can make a [one-time donation](#) or give us the best gift possible by becoming our [monthly patron](#) at a bridge level of your choosing:

Sellwood Bridge -	\$5
Ross Island Bridge -	\$10
Hawthorne Bridge -	\$25
Burnside Bridge -	\$40
Steel Bridge -	\$50
Broadway Bridge -	\$75
St. Johns Bridge -	\$100

Don't see the donation level that you want? That's OK, too. Just pick the amount you would like to contribute on a recurring basis.

If you would rather write a check, please make your check payable to Portland Chamber Music and mail it to: 3519 NE 15th Ave. #239, Portland OR 97212.

Portland Chamber Music is a 501(c)(3) non-profit organization (Tax ID: 37-1784427) and all donations are tax deductible.

If you have questions, please contact Executive Artistic Director Anya Kalina or Board President Kimberly Sieffert.

We thank you from the bottom of our hearts!

Place an Ad in Our Concert Programs.

This is a great way to advertise your business, event or a special announcement.

[Program Ad Order Form](#)

Fill out the order form and email it to portlandchambermusic@gmail.com.

Then write a check to Portland Chamber Music and mail it to:

3519 NE 15th Ave. #239, Portland OR 97212.

If you have questions, please contact Executive Artistic Director Anya Kalina or President Kimberly Sieffert at portlandchambermusic@gmail.com

Thank you!

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